



# Smart Urban Intermediaries

Connecting people.  
Changing communities.

Collaborative Action Research in Labs  
Working Paper  
01/10/2017



## About the project

Smart Urban Intermediaries (SmartUrbl) is a collaborative research programme (2017-2019) co-led by Tilburg University, University of Edinburgh, University of Birmingham and Roskilde University. It is funded by JPI Urban Europe (P/693443) through NWO, Innovation Fund Denmark, and the UK Economic and Social Research Council (ES/R002991/1).

SmartUrbl works with a wide range of public, third and community sector partners across the four countries. The purpose is to improve understanding and support for people who make a difference in urban neighbourhood (aka 'smart urban intermediaries'). The project entails collaboration across 'local labs' in Birmingham, Amsterdam, Copenhagen and Glasgow. The labs are sites for co-inquiry between researchers and practitioners exploring barriers and enablers to smart urban development and social innovation. The project will also entail study visits to Portugal and Poland, and a final conference in Denmark in September 2019.

## About this working paper

This working paper was co-written by the SmartUrbl team to inform the development of the research, and it's part of a series of papers that reflect on-going thinking rather than final project findings. Questions or comments can be sent to: [smarturbi@gmail.com](mailto:smarturbi@gmail.com)

## About the research team

For more information about the project please see our website, where you can also subscribe to the newsletter: <http://smart-urban-intermediaries.com/>. Follow us on Twitter: @Smart\_Urb\_I



# Collaborative Action Research in Labs

## Working Paper

### Rationale

This paper introduces our approach to collaborative action research (CAR) and its operationalisation using a bespoke living lab process. These are foundational components of our proposal and they must be developed into viable research practices. We will introduce briefly each of these bodies of work, highlighting aspects that can be adapted easily for our project, as well as those that will have to be reimaged as part of our contribution to methodological innovation. Then, we will outline key options for decision-making in the configuration of our research design, including:

- Populating the living lab
- Sequencing the living lab inquiry
- Facilitating the living lab
- Documenting living lab work

### Topic Overview

#### **Collaborative Action Research (CAR)**

CAR is a form of action research developed in various policy areas (i.e. education, public service reform, health, local governance). It's predicated on the basis of blurring the distinction between researchers and research participants by engaging in shared learning and co-inquiry. It differs from Participatory Action Research (PAR) in that it doesn't necessarily entail starting with a blank canvas where priorities by research participants fully shape the research project. In CAR, researchers may have their own research agenda but they open it to dialogue with practitioners to find areas of common interest for co-investigation. In this way, CAR provides a bridge between scientific and practitioner learning (Bruce et al., 2011, p. 434). PAR has its roots in emancipatory approaches to social research and has a long history in grassroots mobilisation and action, whereas CAR is grounded on the pragmatist tradition and is gaining momentum as a research approach for the age of collaborative/networked governance (and thus intermediation).

Anderson and Herr (1999, pp. 15-16; Bruce et al., 2011, p. 435) developed five key criteria for high-quality action research in researcher/practitioner co-inquiry:

- outcome validity (the research addresses the problem that stimulated the study; e.g. the research helps practitioners to reframe questions in iterative cycles of learning and action);
- process validity (the study permits learning by practitioners, researchers and/or the system and includes credibility considerations such as triangulation of perspectives and methods);

- democratic validity (the extent to which perspectives of all stakeholders are included and the appropriateness of solutions to the context);
- catalytic validity (the extent to which the research energises and transforms practitioners); and
- dialogic validity (whether the research is conducted within a community of action researchers to ensure peer review).

In essence, CAR involves two elements, collaboration (typically in the context of practitioner networks or public services) and action research, defined in Critical Policy Studies as: “processes of collaborating with (policy) actors to produce scientifically and socially relevant knowledge and transformative action. These processes and their outcomes actively address pressing real-life problems by enabling empowerment, emancipation, sustainability and democracy” (Bartels & Wittmayer, 2014, p. 397). What Works Scotland<sup>1</sup> has been developing CAR to support practitioners working in local governance settings. This CAR process seeks to support each group to:

- identify a shared topic of concern
- reflect on working practices in relation to that topic
- problematise the issue and generate questions
- explore/develop evidence on that topic (may entail capacity-building: training/upskilling)
- enact evidence-informed change (making changes to practice), and
- share the learning: both the experience and the findings.

This process can work as a cycle which may be repeated several times; or it may just be a one-off process. CAR thus offers some useful foundations to guide our approach to co-inquiry, but it's still an approach under development, so it allows for adaptation and methodological innovation (to our knowledge CAR hasn't been used in urban research). Typically, CAR is operationalised using working groups, workshops and retreats (Chapman and Hadfield 2015, 2017; ESRC [Meaningful and Measurable](#) project).

In SmartUrbl, the living lab is the anchor for CAR activity. This means that the living lab is where researchers and practitioners come together to shape the research, co-interpret emerging findings and decide next steps in inquiry and/or practice.

## Living Labs (LL)

Living Labs (LLs) emerged in the world of place-based innovation in technology, infrastructure, services and/or products. They are spaces for developing, prototyping, testing and refining via collaborative inquiry by stakeholders. LLs have been defined as “tool[s] and process[es] for the creation of user innovation cooperatively in real-life environments. It is employed for learning, conducting tests and research for the implementation of new technologies and services of organisations in large-scale real-life environments” (Bakici et al., 2013, p. 142). In urban governance, LLs aim to “bring together city managers and all the urban actors, to create an innovation-oriented environment”. These agents will collaborate in the “co-creation of new services, products, and societal infrastructures thanks to user-driven innovation” (Bifulco et al., 2017, p. 23). Co-operation is thus a foundational tenet of LLs with the aim of

achieving “common aims through resource integration, new technologies, and continuous relationships” (Bifulco et al., 2017, p. 25). It is argued that LLs provide “the most realistic environment possible to allow ‘sense making’ processes to take place through experiential learning leading to better understanding of product/service adoption behaviors by users.” (Lehmann et al., 2015).

Although the collaborative aspect of LLs is often emphasised, the potential disagreements that may emerge amongst co-operation partners should also be considered. Björgvinsson et al. (2012, p. 130), drawing on Mouffe’s theory of agonistic democracy, treat LLs as “social innovation agonistic public spaces”, to point out how in public arenas democratic cooperation can be challenged and/or deepened by dissenting views. Capdevila (2015, p. 91) suggests that mainstream LLs tend to be *top-down innovation spaces*, as they are often initiated by public-private partnerships. SmartUrbI should build on these critiques and reframe LLs as spaces for applied but critical CAR: “action researchers seek to produce ‘actionable’, or ‘usable’, knowledge: knowledge that is critical of the status quo in policy practice and academic research and is simultaneously used to act upon the problem(s) at hand and to advance academic debate” (Bartels & Wittmayer, 2014, p. 399).

LLs have been used to different purposes in a variety of contexts (see separate literature review for detail), for example:

- product and technology development (Almirall & Wareham, 2011; Bergvall-Kareborn & Stahlbrost, 2009; Björgvinsson et al., 2012);
- improving teaching skills (Bourgault, 2012);
- knowledge dissemination (Buitendag et al., 2012; Van der Walt et al., 2009);
- open innovation (Lapointe & Guimont, 2015; Leminen et al., 2016; Leminen et al., 2015; Nyström et al., 2014; Peška, 2013);
- and, key to SmartUrbI, **public governance** (Bifulco et al., 2017; Veeckman, 2015; Gascó, 2017), including
- public health (Almirall & Wareham, 2011; Edwards-Schachter et al., 2012),
- public-private partnerships (Battisti, 2014);
- public procurement (Clermont & Fionda, 2016)
- and community engagement (Wiśniewska, 2016; Wiśniewska & Stawasz, 2016; Wlasak & Blais, 2016; Van Der Graaf & Veeckman, 2014; van Der Graaf, 2014).

Voytenko et al. (2016, p. 45) identify the following key characteristics of LLs: “geographical embeddedness, experimentation and learning, participation and user involvement, leadership and ownership, and evaluation and refinement.” There are some core characteristics of LLs that need to be adapted to the context of/for SmartUrbI:

Core LL characteristics in previous studies	May be adapted for SmartUrbl as...
<b>Innovation</b> (i.e. technological, infrastructural, socio-technical)	<b>Social innovation; democratic innovation</b>
<b>Collaboration</b> among actors in the form of: co-production and co-creation (Bakici et al., 2013; Ballon & Schuurman, 2015; Bifulco et al., 2017); co-innovation (Budweg et al., 2011); participatory governance (Van Der Graaf & Veeckman, 2014)	<b>Collaborative Action Research with Co-operation Partners</b> from the public, (private?), third and community sectors (state + civil society + market?)
<b>User-driven</b> (Björgvinsson et al., 2012)	<b>Practitioner (research producer/user) -driven</b>
<b>Place-based:</b> “situated in real-world environments” (Björgvinsson et al., 2012, p. 131)	<b>Anchor neighbourhoods</b> and their urban governance environment

The LL field seems dominated by techno-scientific perspectives that tend to focus on products (e.g. software, hardware). In contrast, SmartUrbl will reimagine the LL as a space for applied social science that focusses on learning for action (e.g. What are the barriers and enablers faced by people who seek to make a difference in neighbourhoods?). The challenge, and opportunity, for SmartUrbl is to develop a LL approach that is oriented towards understanding the role of intermediation agents and practices in urban governance and social innovation.

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## Endnotes

<sup>i</sup> What Works Scotland's CAR: <http://whatworksscotland.ac.uk/the-project/our-approach-to-collaborative-action-research/>



Project no. 693443

Project no. ES/R002991/1



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